

Silent Retreat

Canterbury Retreat Center, Oviedo

Retreat, Rest and Restore

November 15, 2019, 3:00pm - November 17, 2019, 12:00pm

Friday

- 3:00pm Check in
- 5:00pm Group Welcome and Weekend Overview
- 6:00pm Dinner
- 7:00pm Evening Worship and Prayers
- 8:00pm Dismiss

Saturday

- 6:00am Coffee and Quiet Time
- 8:00am Silent Breakfast
- 9:00am Morning Prayers and Spiritual Direction
- 9:30am Personal Silence, Stillness, and Solitude
- 11:30am Directed Midday Prayers and Preparation for our Meal
- 12:00pm Lunch – Choose Silence or Community Connection
- 12:30pm Quiet afternoon
- 5:00pm Group Gathering and Reflection of the afternoon
- 6:00pm Dinner
- 7:00pm Evening Prayers and Guided Meditation
- 7:30pm Silent Close to the day

Sunday

- 6:00am Coffee and Quiet Time
- 8:00am Silent Continental Breakfast
- 9:00am Closing Service: Worship, Communion, Testimonies
- 10:30am Final Silent Reflection in preparation to depart
- 12:00pm Departure

Legacy Principles

WRITING NEW STORIES: FROM BIBLICAL PRINCIPLES TO SACRED PRACTICES