

My **G**od **O**rdained **A**ctivities for My **L**IFE



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Picture	PHYSICAL <i>Physically Energized</i>	SPIRITUAL <i>Spiritually Aligned</i>	MENTAL <i>Mentally Focused</i>	EMOTIONAL <i>Emotionally Connected</i>
Plan				
Process- Practice, Practice, Practice!				
Prize				

